



# MEN'S 3v3 BASKETBALL



2023



## Registrations due by November 10!



**Season: November 29-January 10**

**Wednesday Nights**

**\$150/Team**

**SELF - OFFICIATED**

- \* 3-6 players on a team
- \* 1 game/30-minute time limit
- \* Ages 14 and up
- \* 6-week league
- \* End of season league tournament

# Belle Fourche Rec Center

## Fall 2023 3v3 Men's Basketball TEAM REGISTRATION & LIABILITY WAIVER

**Agreement to Participate and Liability Waiver for the Belle Fourche Rec Center (BFRC):** I/We understand that the most healthy individuals are capable of participating in physical activity with minimal risk. I further accept the risk inherent in the physical and recreational activities in which the ordinary and prudent person is or should be aware. I understand that if I have one of the following conditions, I should consult a physician prior to participating in a physical exercise program: 45 years of age or older, overweight or obese, physical limitations or handicap, cardiovascular disease or disorder, subject to exercise induced risk factors, or other disorders or medical conditions. I further understand it is my responsibility to decide whether or not to consult a physician. I agree to be responsible to do all of the following while using the BFRC: act within the limits of my ability, heed all warnings regarding participation in the BFRC activities, maintain control of my person and the equipment or devices, refrain from acting in any manner which may cause or contribute to injury to myself or others, abide by the letter and spirit of the rules and guidelines for participation at the BFRC. I have viewed the BFRC and its programs and I am familiar with the facility and I understand and appreciate that there are certain risks inherent in any physical and recreational activity conducted at the BFRC. Finally, I hereby waive any and all liability the BFRC has and waive any and all damages against the BFRC activities. Further, I do hereby release and discharge the BFRC and the City of Belle Fourche and any and all of its agents or employees from any liability to the undersigned arising from injury or damage that may be sustained by participating in this program by my signature on the following page.

**PHOTOGRAPHY RELEASE:** The BFRC periodically photographs during BFRC sponsored programs. These pictures may be used for advertising, Internet (website/Facebook) and around the facility. Occasionally pictures may be taken and submitted to the newspaper or other media as well. By signing the team roster/liability waiver on the next page you are also giving the BFRC/City of Belle Fourche permission to use these photographs.

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**Weather:** In case of inclement weather, games may occasionally be postponed and/or canceled. Rescheduling of games will be determined depending on the number of weeks left in the season and availability of gym space. Please note in the winter months, it may snow! Most likely if school was in session for the day, we will play games. Your team may choose not to play, but may have to forfeit the games and will not be able to reschedule.

**Team Cancellations/Forfeits:** In order to cancel/forfeit your game you must contact BFRC staff and notify the opposing team's manager. They will receive the wins for those games.

**Belle Fourche Rec Center Men's 3v3 Basketball**  
**TEAM REGISTRATION, LIABILITY WAIVER, PHOTO RELEASE**

By signing below I verify that I have read the agreement to participate and liability waiver. I agree to follow BFRC policies. I also understand that program photos may be used by the BFRC/City of BF.

\_\_\_\_\_  
 Team Name

\_\_\_\_\_  
 Manager's Name

\_\_\_\_\_  
 Home/Work Phone

\_\_\_\_\_  
 Cell Phone

\_\_\_\_\_  
 Email address (We will email schedules and notify of cancellations and league info)

\_\_\_\_\_  
 Mailing Address                      City                      State                      Zip

<b>#</b>	<b><i>Player's Name</i></b> <b><i>(Please Print)</i></b>	<b><i>Player's Signature</i></b>	<b><i>Emergency Contact Name &amp;</i></b> <b><i>Phone Number</i></b>	<b><i>BFRC</i></b> <b><i>Member</i></b> <b><i>or Non-M</i></b>
1				
2				
3				
4				
5				
6				

## **BFRC Men's 3v3 Basketball Rules (2023)**

1. **Footwear/Clean Shoe Policy** *helps to preserve the life of the floor surfaces and equipment while keeping our facility clean, safe and inviting.*
  - a. Shoes are required throughout the building with exception of pool/locker rooms.
  - b. We encourage all who use track, gymnasium and wellness rooms or attend group fitness classes to bring a second pair of clean shoes.
  - c. If you are unable to bring a second pair of shoes we require cleaning of shoes with provided spray and towels.
  - d. Non-marking athletic shoes are required. Black soled shoes are not permitted provided they have a non-marking sole. Some types of shoes will mark playing surfaces and are NOT permitted.
2. **Facilities & Spectators**
  - a. All BFRC rules need to be followed. Please respect building and staff. See Customer Service for a copy of the BFRC policies/rules and procedures.
  - b. Members please CHECK-IN
  - c. Non-members do not have to pay for a day pass if they are "watching".
    - i. Must remain in lobby or gymnasium bleachers.
  - d. If you or your family utilize our facility (i.e. gym, track, wellness rooms, racquetball court, pool, etc.) you MUST PAY A DAY PASS or have a membership.
  - e. Age 0-7 must be directly supervised (by someone 12 & up) at all times. (A parent playing and a child using the facility is not considered supervised regardless of membership.)
3. **Eligible Players**
  - a. Players must be 14 years of age or older. Players age 14-17 must sign the waiver and need a parent's signature prior to playing
  - b. Players will not be added at any time during the season. Plan ahead with a full roster at time of registration 😊
  - c. Minimum of 3 players per team. Maximum of 6 players per team.
4. **In-Eligible Players**
  - a. Any individuals playing on your team whom are not on your roster are considered illegal and will result in forfeiture.
  - b. You may not pick up any players from the crowd and/or another team.
  - c. If you come across an in-eligible player you must notify the program supervisor immediately. The team managers are responsible for proving eligibility. Please keep the honors system in place.
5. **Fees & Practices**
  - a. Managers are responsible for \$150 team fee. All fees are non-refundable.
  - b. Team practice is **not** part of your registration fee. If teams wish to practice, they must check-in if members and pay a day pass if nonmembers. Calling ahead is required to see if a hoop/court is available. Requests will be honored based on present usage, scheduled events and BFRC staff availability.

## 6. League Rules

- a. There will be 1 game per match-up with a 30-minute time limit with a running clock.
- b. The Home team will be assigned by whoever is listed first on the schedule.
- c. Each team will get 1 (one), 60 second timeout per game – **the clock does not stop**.
- d. After a basket has been made, the other team will need to “check” the ball in behind the 3-point line.
- e. When there is a possession change, the ball must be taken back behind the 3-point line.

## 7. Scoring

- a. You must win by 2 pts.
- b. Field goal 2 pts, Three pointer 3 pts, Free throw 1 pt.

## 8. Overtime

- a. If the game ends in a tie, free throws will be shot to determine the winner.
- b. 1 player from each team shoots: 2 shots (if free throws are still tied, single free throws will be shot until a winner is determined).

## 9. Forfeits

- a. A team is allowed to play with a minimum of two players. If a team has less than two players at any time during a game it will result in a forfeit of that game(s).
- b. Game time is forfeit time. You will forfeit your first game on the hour or at game time.
- c. If you are forfeiting a scheduled game you must contact BFRC staff and notify the opposing team’s manager.

## 10. Attire

- a. Please wear appropriate clothing as we are a family orientated facility.
- b. Hats are not allowed during play. Please remove any other articles that may be inappropriate or be of risk to yourself and/or your teammates
- c. Each team must have matching shirts/colors or must wear pinnies.

## 11. Fouls

- a. Fouls are called by players with honesty and integrity serving as best policy.
- b. Once a foul is committed, the opposite team takes the ball out behind the 3 point line.
- c. There is no limit on the number of fouls per player.
- d. Each team will call their own 3 seconds in the key violations.
- e. Fouls committed on an offensive player during the act of shooting shall be awarded two (2) to three (3) free throws. Two (2) free throws are awarded on shots taken from inside the arc. Three (3) free throws will be awarded on shots taken from outside the arc.
- f. Fouls during the act of shooting followed by a successful field goal shall be awarded one (1) additional free throw.
- g. No flagrant or abusive conduct will be tolerated. Any striking or kicking will result in ejection from the game and the league.

**Please remember recreation sports are here to provide exercise, socialization, mutual respect, honesty, competition, and fun in a relaxed, yet structured environment.**

