



Coed Sand Volleyball Tournament

When: Sunday, August 27th Noon-8:00pm

Where: Herrmann Park and/or Highland Park

Cost: \$100 per team

Deadline: Registrations due by August 18th

Winners: Receive bragging rights and T-shirts

HOW TO REGISTER:

Pickup a Team Packet @ BFRC Front Desk or www.bellefourcherec.com

Players must sign the roster and rules prior to playing.

Players 14-17 need a parent signature.

Return completed registration and \$100 team fee to the BFRC.

We will hold checks until we have a minimum of 5 teams registered.

We need to have a minimum of 5 teams to hold the tournament. In the event that five teams do not register we will notify team managers and return checks.

Turn in the completed roster and team fee no later than August 18th.

Coed Sand Volleyball Rules/Info

- 1-Teams play with **FOUR** players on the court. A team may play with more women, but not more men. One male has to be on the court at all times.
- 2-Teams are required to have at least **TWO** players on the court.
- 3-The roster is limited to **SIX** players. You may not pick up any players from another team, spectators, etc.
- 4-Players must be 14 years of age or older.
- 5-Players ages 14-17 must sign the waiver and need a parent's signature prior to playing.
- 6-Shoes are **RECOMMENDED** but not required.
- 7-Coin toss will determine serve/receive. The winner of the coin toss chooses to serve or receive. The loser has choice of sides. Coin toss will be used for the 1st and 3rd sets.
- 8-Rally scoring: the best of 3 sets (3rd if necessary set is played to 15 points).
- 9-The team that scores 21 points first wins the set. In case of a 20 to 20 tie, play continues until one team has a two point advantage, OR the first team to reach 24 points wins.
- 10-A legal serve crosses the net between the antenna without touching the antenna or going out of bounds. Net serves are allowed. Blocking or spiking a serve is not allowed. Whenever a team fails in serving, fails to return the ball to the opponent, or commits any faults, the opposing team wins the rally.
- 11- When the ball is played more than once by a team, a female player must make at least one of the contacts. There are no requirements for male players to make contact with the ball, regardless of the number of contacts by a team.
- 12-Substitution & Rotation: Players may substitute when their team rotates. They must enter in the back left position (replacing their teammate who has previously completed their serve). If a team member arrives late, they will be allowed to enter the rotation on the first dead ball. They must enter in the middle left position. In regard to rotation, it's up to the team to stay in rotation and honesty is expected. Please remember there is only one official and they do not have line up cards. If the official observes a rotational violation, the ball will be awarded to the opposing team; however, no points will be awarded. Points awarded prior to the violation will stand. (This means no points will be added or taken away once rotation violation is noticed. Rotation will be adjusted, and ball will be awarded to the other team if it applies.)
- 13-No back row attacks.
- 14-Hits: A legal hit is contact with the ball by a player's body which does not allow the ball to visibly come to a rest. The ball may hit any part of your body cleanly (in a way that does not constitute a lift or double hit including the head, leg, and foot). If the ball hits your foot/leg unintentionally your foot/leg must be grounded/planted. Setting and spiking are considered as one of three hits. An obvious throw or catch will be called. We recommend that players use the forearms for passing, fingertips for setting, and the palm for spiking. Overhead bumps are allowed. Players must make sure they have their hands together as this way of hitting is often called as an "illegal/double hit".

Simultaneous Contact:

1. If two or more players of the same team contact the ball simultaneously, it is considered one team contact. Either player may make the next contact assuming the simultaneous contact was not the third contact.

Blocking:

2. A block is not considered as one of the three hits.

3. Blocking the serve is illegal.
4. Front-row players may contact the ball from any position inside or outside the court provided the ball has not completely crossed the vertical plane of the net or the net extended. It is illegal to reach over the net to contact the ball.
5. Back row players may NOT block the ball.
6. The blocking player is permitted to make an additional first contact with the ball after a block.
7. When only one male is in the front row at service, one male back row player may block at the net. He cannot attempt to spike.

15- Replays: Referees cannot see all plays. They will call a replay if they did not see what happened and feel they cannot call the play fairly.

16- Timeouts: (1) 30-second time out allowed on a dead ball per set.

17- Games are played on a **rolling schedule**, be prepared to play 15-30 minutes early.

18- Sportsmanship/Officials:

We are a family facility/program. Teenagers are allowed in our league. Families bring children. Profanity and unsportsmanlike conduct don't belong here. Let's all be an example. **Unsportsmanlike conduct will not be tolerated. We expect managers, players, and fans to respect the referees and their decisions.**

For any unsportsmanlike offenses, such as distracting opponents, spectators, or officials, a warning (**yellow card**) will be issued and recorded on the score sheet. If a player/team receives a yellow card, the next violation will result in a red card. A **red card** will be issued for any of the following and an ejection may result:

- Profanity heard by the official
- Disconcerting acts or words when an opponent is playing the ball.
- Derogatory remarks to the official or opponent.
- Questioning or trying to influence the official's decision.
- Unnecessary contact of an opponent.

The *first* red card is a point or side out; the *second* will result in removal from the match or forfeiture of match if a team violation. No refunds will be given. **The game official will have the final say in any on court dispute.**

UNSPORTSMANLIKE CONDUCT WILL NOT BE TOLERATED. PLAYERS MAY BE DISMISSED FROM THE GAME(S) AND/OR THE BFRC VOLLEYBALL PROGRAM.

Please be considerate of all referees. Please remember our refs are doing a service for the BFRC and are acting as scorekeeper, line judges, and the upper and lower refs (5 people). They are doing their best. If you are interested in refereeing or know someone who is, please notify the Program Coordinator or Volleyball Supervisor.

Please remember recreation sports are here to provide exercise, socialization, mutual respect, honesty, competition and fun in a relaxed, yet structured environment.

19- In case of **inclement weather**, games may be delayed, or postponed and rescheduled to Monday, August 28th and/or Thursday, August 31st starting at 5:30 pm.

20- *In case of any rules questions, the officials will default to the BFRC indoor volleyball league rules for clarification.*

BFRC VOLLEYBALL RULES ACKNOWLEDGEMENT

By signing below I verify that I have received and read the league rules. I as the team manager am agreeing to share these rules with my team and am responsible for my team following league rules as well as BFRC rules and policies.

I, _____ the manager of _____
(Name) (Team Name)

Have read and understand the BFRC volleyball rules. I will share these rules with my team.

Signature _____ Date _____

Belle Fourche Recreation Center

2023 SAND VOLLEYBALL TEAM REGISTRATION & LIABILITY WAIVER

Agreement to Participate and Liability Waiver for the Belle Fourche Recreation Center (BFRC): I/We understand that the most healthy individuals are capable of participating in physical activity with minimal risk. I further accept the risk inherent in the physical and recreational activities in which the ordinary and prudent person is or should be aware. I understand that if I have one of the following conditions, I should consult a physician prior to participating in a physical exercise program: 45 years of age or older, overweight or obese, physical limitations or handicap, cardiovascular disease or disorder, subject to exercise induced risk factors, or other disorders or medical conditions. I further understand it is my responsibility to decide whether or not to consult a physician. I agree to be responsible to do all of the following while using the BFRC: act within the limits of my ability, heed all warnings regarding participation in the BFRC activities, maintain control of my person and the equipment or devices, refrain from acting in any manner which may cause or contribute to injury to myself or others, abide by the letter and spirit of the rules and guidelines for participation at the BFRC. I have viewed the BFRC and its programs and I am familiar with the facility and I understand and appreciate that there are certain risks inherent in any physical and recreational activity conducted at the BFRC. Finally, I hereby waive any and all liability the BFRC has and waive any and all damages against the BFRC activities. Further, I do hereby release and discharge the BFRC and the City of Belle Fourche and any and all of its agents or employees from any liability to the undersigned arising from injury or damage that may be sustained by participating in this program by my signature on the following page.

PHOTOGRAPHY RELEASE: The BFRC periodically photographs during BFRC sponsored programs. These pictures may be used for advertising, Internet (website/Facebook, Instagram, etc.) and around the facility. Occasionally pictures may be taken and submitted to the newspaper or other media as well. By signing the team roster/liability waiver on the next page you are also giving the BFRC/City of Belle Fourche permission to use these photographs.

Weather: In case of inclement weather, games may be postponed or rescheduled to Monday, August 28th and/or Thursday, August 31st @ 5:30 pm.

Belle Fourche Recreation Center

COED SAND VOLLEYBALL 2023

TEAM REGISTRATION, LIABILITY WAIVER, LEAGUE RULES AGREEMENT, PHOTO RELEASE

By signing below I verify that I have read and understand the BFRC tournament rules, agreement to participate and liability waiver. I agree to follow league rules and BFRC policies. I also understand that program photos may be used by the BFRC/City of BF.

Team Name

Manager's Name

Home Phone

Cell/Work Phone

Email address (We will email schedules and notify of cancellations)

Mailing Address

City

State

Zip

How did you hear about this event?

___ Newspaper

___ Social media (Platform) _____

___ E-mail

___ Other (Please Explain) _____

___ Flyer

#	Player's Name (Please Print)	Player's Signature	Emergency Contact Name & Phone Number	BFRC Member or Non-M
1				
2				
3				
4				
5				
6				